



THE REPUBLIC OF TRINIDAD AND TOBAGO
MARITIME SERVICES DIVISION

MEDICAL FITNESS CERTIFICATE
Issued under the Shipping (Medical Examination) Regulations, 1990

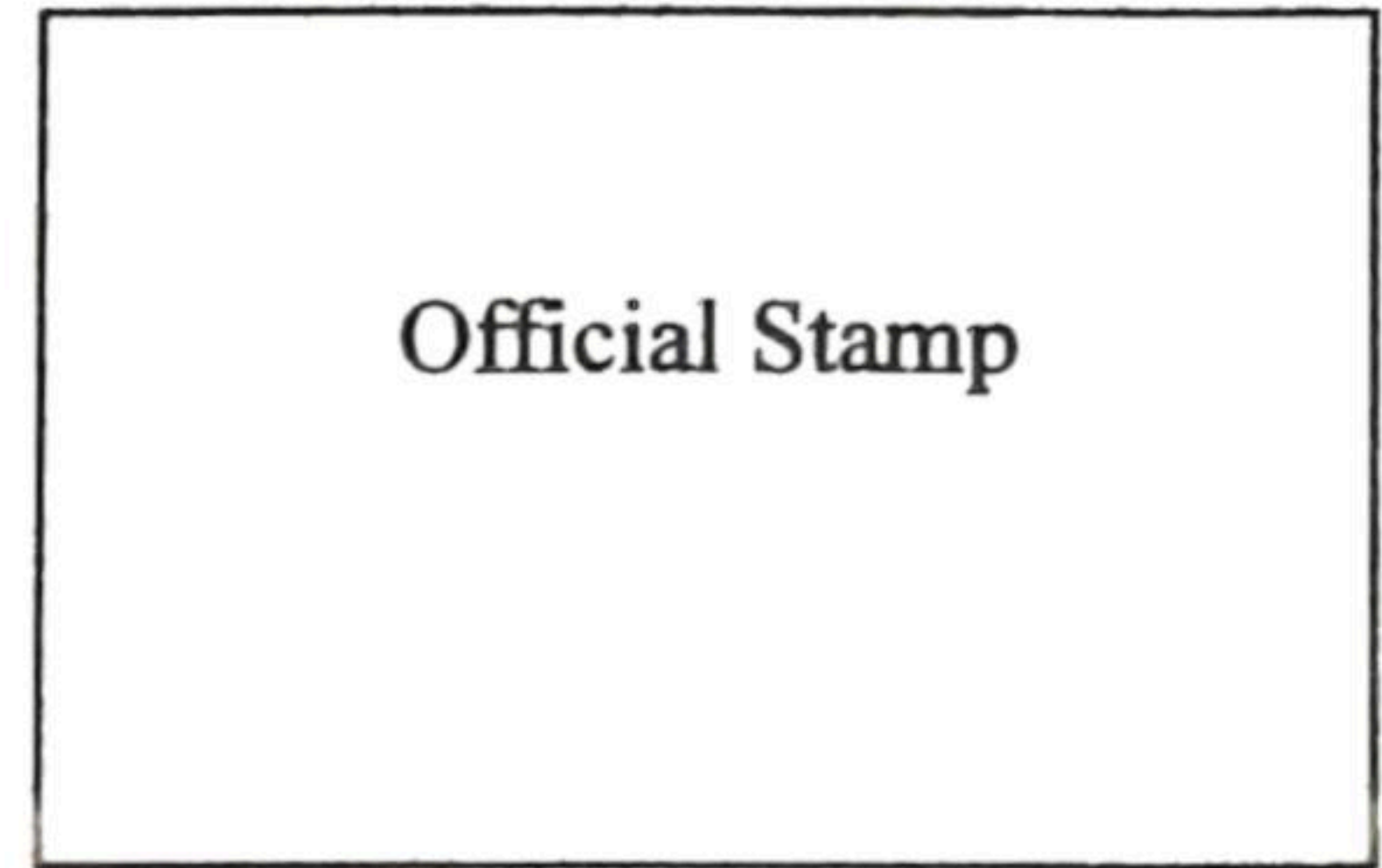
Seafarer's Name Discharge Book No.

Date of expiry of this Certificate.....

I certify that I have examined the seafarer named above to the Medical and Visual Standards of Trinidad and Tobago as contained in the Third and Fourth Schedules of the above-named Regulations and have found *him/her fit for seafaring subject to the following restrictions:

Signed.....
(A registered medical practitioner approved by the Minister)

Date of Examination.....



**Delete as appropriate*



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5. Medical Examination

Does the seafarer suffer from any of the following abnormalities?

Please tick correct box and expand as necessary

- Tooth
- ENT
- Skin
- Heart
- Lungs
- Nervous system
- Varicose veins
- Genito urinary system
- Hernia

Any other defects.....

6 Height (without shoes).....mcm

Weight (stripped to waist).....kilos

Chest Inspirationcm

Expiration.....cm

Pulse rate.....

Blood pressure systolic.....

5th Sound.....

Results of urine test

Albumin.....

Sugar.....

Audiogram (if equipment is available)

Right ear

KHz dB	500	1,000	2,000	4,000	6,000	8,000
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Left ear

KHz dB	500	1,000	2,000	4,000	6,000	8,000
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Eye test

Distant vision

Unaided Aided	R 6		L 6		Both 6	
	R 6		L 6		Both 6	

Near vision

Unaided N
Aided N

Colour vision

Ishihare Engineers modified
Normal Defective

7. Results of Medical Examination

The Standards of Medical Examination Regulations have been or have not been met.

Tick correct box

A Unrestrictive sea service

D Indefinitely

B Restriction service only

(Review in.....months)

Restriction.....

E Permanently

Period of restriction.....

C Temporarily

(Review in.....months)

Medical Practitioner's
Official Stamp

Signature.....

Name.....

Block

Date.....

LIST OF APPROVES MEDICAL PRACTITIONERS

Re: The Shipping (Medical Examination) Amendment Regulation 2002

NAMES	ADDRESS	TELEPHONE NO.
Dr. Clint Ramasir	#74 A Southern Main Road, Couva	221-9488
Dr. Ryan Abraham	4 Serpentine Road, St. Clair	622-7340
Dr. Manuel Alfonzon	Corner Eastern Main Road & Mc Shine Street, Sangre Grande.	668-2720 / 4047
Dr. Kamaluddin Amin	4 Guayaguayare Road, Rio Claro.	644-2558
Dr. Keven Antoine	8 Morvant Old Road, Laventille.	681-4316 / 623-5889
Dr. Bijai Balliram	80 Teemul Trace, Clarke Road, Penal.	647-3454 / 8216/389-9858
Dr. Edmund Boucad	23 Lucknow Street, St.James.	628-6791 / 7500/ 8112 / 622-7032
Dr . Anthony Changkit	117 Henry Street (opp. ROYTEC) Port of Spain.	624-8876 / 680-5816
Dr. Arthur Chen	20 Main Road, Gasparillo. / #9A La Pique Road , San Fernando.	650-2060 / 271-607 / 349-1946 / 271-6075
Dr. Brian Connell	102 Frederick Street Port of Spain.	492-4908
Dr.Victor Coombs	123 Riverside Drive, San Fernando, 14 Endeavour Road, Chaguanas.	671-4859
Dr. Juliet Danlag	Lp 6 Ojar Road, Sangre Grande.	668-4660 / 688- 2803
Dr. Edison Furlonge	Lower High Street, Siparia.	760-0712 / 649-1355
Dr. Domenica Judilla	26 Hollis avenue, Arima.	667-0178
Dr. Bertrand Low-Chew Tung	205-207 Point-a-pierre Road, Vistabella.	652-2140 / 652-3581
Dr. Jay Manohar	Couva Medical Centre, 107A Southern Main Road, Couva.	636-2621
Dr. Stuart Millar	66 Pembroke Street, Port of Spain.	624-5762 / 623-6856
Dr. Michael Panchoo	6 Nancy Drive, Dow Village, South Oropuche.	677-3841 /3469
DR. Randolph C.J. Phillip	49 Ana Street, Woodbrook.	628-8600 / 221-6890
Dr. Shyam Rahman	Guaico, Sangre Grande.	668-2505 /2502
Dr. Frank Ramlackansingh	55 Eastern Main Road, Curepe.	630-5040 / 662-5040
Dr. Maniram Rampaul	15 High Stteet, Rio Claro.	644-2250 / 2280
Dr. Sonia Roach	103 Tragarete Road, Woodbrook.	627-5247
Dr. Robin Roopnarine	Corner of Frederick and Dunford Street, Marabella.	658-6615
Dr. Garnet Sant	St. Mary's Junction, Freeport.	673-0493
Dr. Joel Sinanan	203 southern Main Road, Marabella.	658-6615
Dr. Oliver Young Pong	11 Long Circular Road, St James.	622-4113 / 628-7802
Dr. Sanjiv Parasram	214 Southern Main Road, Couva.	679-8386
Dr. Maureen Dass	LP 269 Main Road, Longdenville, Chaguanas	683-9843
TOBAGO		
NAMES	ADDRESS	TELEPHONE NO.
Dr. Dominico Judilla	26 Hollis Avenue, Arima.	667-0178
Dr. Sandeep Kumar	Rockley Vale, Scarborough, Tobago.	639-3157
Dr. David Penelozza	Wilson Road, Scarborough, Tobago.	639-3095
Dr. Victor .w. Wheeler	Sheerwood Park Carnabee, Tobago.	639-9934 / 6604744